



# SCIOTO PAINT VALLEY MENTAL HEALTH CENTER

## AVAILABLE SERVICES

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**Primary Care Services** began in October 2014 with the goal of treating the “whole person”. Primary care, wellness, behavioral health and substance abuse services are offered in this “one-shop” type of format. Clients are referred to the program at the request of their clinician, or they may call and make an appointment. The general public may make an appointment as well at any time. Our Primary Care Services include health assessments, diagnosis and treatment of various conditions, treatment of minor acute conditions such as colds, flu, infections, wellness education and groups, smoking cessation and physicals. Your primary health care will be provided by a Certified Nurse Practitioner. Certified Nurse Practitioners are mid-level practitioners with advanced education (master's degree). Our Certified Nurse Practitioner's focus is on health promotion, disease prevention, and health education and counseling. From treating illness to advising patients on maintaining a healthy lifestyle, CNPs are fully qualified health care providers.

**Mental Health Assessment** is a clinical evaluation provided by an eligible individual either at specified times or in response to treatment, or when significant changes occur. It is a process of gathering information to assess client needs and functioning in order to determine appropriate service/treatment based on identification of the presenting problems, evaluation of mental status, and formulation of a diagnostic impression. The outcome of mental health assessment is to determine the need for care and recommend appropriate services/treatment and/or the need for further assessment.

**Substance Abuse Assessment** service means the evaluation of an individual to determine the nature and extent of his/her abuse, misuse and/or addiction to alcohol and/or other drugs. The outcome of substance abuse assessment is to determine the need for care and recommend appropriate services/treatment and/or the need for further assessment.

**Behavioral Health Counseling and Therapy Services** means interaction with a person served in which the focus is on treatment of the person's mental illness or emotional disturbance. When the person served is a child or adolescent, the interaction may also be with the family members and/or parent, guardian and significant others when the intended outcome is improved functioning of the child or adolescent and when such interventions are part of the ISP.

**Substance Abuse Individual Counseling** means the utilization of special skills to assist an individual in achieving treatment objectives through the exploration of alcohol and other drug problems and/or addiction and their ramifications, including an examination of attitudes and feelings, consideration of alternative solutions and decision making and/or discussing didactic materials with regard to alcohol and other drug related problems.

**Substance Abuse Group Counseling** means the utilization of special skills to assist two or more individuals in achieving treatment objectives through the exploration of alcohol and other drug problems and/or addiction and their ramifications, including an examination of attitudes and feelings, consideration of alternative solutions and decision making and/or discussing information related to alcohol and other drug related problems.

**Substance Abuse Family counseling** means the utilization of special skills in sessions with individuals and their family members and/or significant others under the guidance of a counselor to address family and relationship issues related to alcohol and other drug abuse and/or dependence for the purpose of promoting recovery from addiction.

**Substance Abuse Intensive Outpatient** means structured individual and group alcohol and drug addiction activities and services that are provided at a certified treatment program site for a minimum of eight hours per week with services provided at least three days per week.

**Community Psychiatric Supportive Treatment (CPST) Services** is a rehabilitative service intended to maximize the reduction of symptoms of mental illness in order to restore the individual's functioning to the highest level possible. CPST supports the individual's ability to take responsibility for managing his/her mental illness and achieving and maintaining his/her rehabilitative and/or recovery goals.

**Substance Abuse Case Management** services mean those activities provided to assist and support individuals in gaining access to needed medical, social, educational and other services essential to meeting basic human needs. Case management services may include interactions with family members, other individuals or entities.

**Pharmacologic Management Services** is a psychiatric/mental health/medical intervention used to reduce/stabilize and/or eliminate psychiatric symptoms with the goal of improved functioning, including management and reduction of symptoms.

**Intensive Community Based Services** is to provide the necessary services and supports that enable a client with serious emotional disturbance (SED) to live and function successfully in his or her home, school, and community in the least restrictive, most normative environment. These intensive mental health services are designed to prevent the out-of-home placement of youth with SED and to facilitate the successful transition of a youth with SED being reunified to their homes from a more restrictive placement. ICBS is provided in the home, school, and community settings where the youth lives and functions, and is designed to address and improve the mental health functioning of the youth in each of these domains.

**Partial Hospitalization** is an intensive, structured, goal-oriented, distinct and identifiable treatment service that utilizes multiple mental health interventions that address the individualized mental health needs of the client.

**Transitional Services** are designed to assist severely mentally ill adults to make a successful transition to the least restrictive living situation. Individuals are assisted to access the community living situation that best suits their needs including independent living, supervised living or residential care.

**Mental Health Residential Treatment Services** provide 24-hour intensive programming for adults consistent with the individual needs in a safe, structured environment. Services are designed to provide an alternative to psychiatric hospitalization and to assist individuals in developing the skills required for independent community living. Residential treatment services are provided at the Floyd Simantel Clinic in Chillicothe.

**Substance Use Residential Treatment Services** provide 24-hour intensive programming for adults consistent with the individual needs in a safe, structured environment. Services are designed to provide assistance with withdrawal management in accordance to guidelines as provided by the American society of addiction medicine's (ASAM) level of care.

**Emergency Crisis Services** provide 24-hour, seven days per week behavioral health hotline and crisis intervention services either by telephone or on a walk-in basis for crisis assistance. Crisis intervention is that process of responding to emergent situations and may include: assessment, immediate stabilization, and the determination of level of care in the least restrictive environment in a manner that is timely, responsive, and therapeutic.

**Intensive Outpatient Treatment** provides an opportunity for people in recovery to continue their recovery therapies following successful detox, withdrawal support, and/or residential treatment, on a part-time yet intensive schedule, which is designed to meet the work and family needs of the person in recovery. This method of treatment is considered more intensive than traditional outpatient individual/group counseling.